

# FUN RUN & WALK

Join the 4th of July Fun Run and Walk, July 4th. The course is 3 miles for both running and walking. Participants start and finish at the Dunlap City Park.

The kids race is for ages 2 - 10. All participants and spectators are invited to a breakfast following the event.

Prizes will be awarded to the top 3 male and female finishers and all children.



## SATURDAY, JULY 4TH, 2026

### SCHEDULE:

7:00 - 7:45	CHECK IN FOR RUN/WALK
8:00	RUN/WALK BEGINS
8:15 - 8:45	CHECK IN FOR KIDS
9:00	KIDS RACE

### EVENT FEES:

#### PRIOR TO JUNE 20TH (INCLUDES T-SHIRT):

ADULTS - \$20

10 & UNDER - \$15

#### AFTER JUNE 20TH TO RACE DAY:

ADULTS - \$25

10 & UNDER - \$20

T-shirts will not be guaranteed for participants registering after June 20th.

Detach entry form and mail by June 20 to:  
July 4th Fun Run and Walk  
613 Iowa Ave.  
Dunlap, IA 51529

In consideration of accepting this entry, I or my executors, heirs and administrators, do hereby release and discharge the City of Dunlap, the Dunlap Wellness Center, Dunlap Community Development Corporation, and all other volunteers from claims, damages and any actions whatsoever in connection with the Fun Run and Walk. I recognize and assume the risk inherent in running a road race, including but not limited to the risk of injury associated with strenuous physical exercise, the risk of running near traffic, the risk of uncertain running conditions and the risk of running on roads. This release extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I certify that I am in sufficient physical condition to participate in this event. I also give permission for the free use of my name and/or pictures for publicity or solicitation.

Name: \_\_\_\_\_

Age on race day: \_\_\_\_\_

Sex: Male / Female

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email (Optional): \_\_\_\_\_

T-Shirt Size: Adult: S M L XL XXL  
Child: XS S M L

Emergency Contact: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Signature: \_\_\_\_\_  
(Parents signature if under 18 years of age)

Make checks payable to the:  
**Dunlap Wellness Center**